**RSS Feed Guide**

You can use your Outlook (email) account to set up an RSS feed, simply follow the steps below:

1. In Outlook, right-click the **RSS Feeds** folder which can be found on the left hand menu under ‘Outbox’ and choose **Add a New RSS Feed**.



1. In the **New RSS Feed** dialog box, enter the URL provided for the Researcher Blog: <https://www.liverpool.ac.uk/researcher/blog/RSS/index.xml>.



1. Choose **Add** > **OK**.
2. You will now receive a notification each time a new blog post is added.