SELF-REFLECTION LOG



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| **What have you learned during Making an Impact?** | Were any of your existing views changed or challenged?What key strengths did you uncover?What areas of development have you missed? |
| Please type here |
| **What are you going to change in the short term?** | Is there anything you can do differently starting tomorrow?What specific actions will you take to apply or follow up your learning? |
| Please type here |
| **What do you hope to change in the next 3 months?** | What do you hope to be doing differently in 3 months’ time?What steps will you take to achieve them?How can others help you reach those aims? |
| Please type here |